

Covid-19 Emergency Response Plan

COVID-19 Monitoring and Informing

“Program Participant” includes any players, coaches, volunteers and parents/spectators who attends or participates in a session of an Association’s activities while COVID pandemic restrictions remain in place.

All Program Participants shall self-monitor their health throughout as attested to in the Health Declaration of compliance. If Program Participants are unsure as to how to selfmonitor or assess they may use the [Ontario COVID-19 Self-Assessment App](#). RISK & SAFETY (Shawn Locey) for the Association shall be informed immediately if a Program Participant feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat, painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, vomiting, fatigue and/or loss of appetite.

Trainers/Coaches will visually monitor team members to assess any early warning signs as to the status of their health and touch base on how they are regarding their personal safety throughout their ice time.

When symptoms present:

If a Program Participant is feeling sick with COVID-19 symptoms and/or has come into contact with someone experiencing COVID-19 symptoms:

- The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and contact their local health authority.
- They should remain at home and contact a medical professional and/or EOHU.
- No Program Participant may participate in a practice/activity if they are symptomatic or have been in contact with someone who is symptomatic. The RISK & SAFETY should be notified when symptoms appear.
- Household members of someone with symptoms of COVID-19 MUST stay at home and self-isolate until the symptomatic individual receives a negative test result or an alternative diagnosis from a health care provider confirming the symptoms are not related to COVID-19.
- The RISK & SAFETY must receive notification and approve the Program Participant’s return.

<https://eohu.ca/en/covid/if-you-have-symptoms-of-covid-19>

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Close Contact with Positive Case

If a Program Participant has come into contact with someone who is confirmed to have COVID-19:

- Program Participants must advise RISK & SAFETY if they reasonably believe they have been exposed to COVID-19.
- Once the contact is confirmed, the Program Participant will be removed from activities.
- They should remain at home and contact a medical professional and/or EOHU
- Members of the same household MUST also remain at home for the duration of that person's quarantine period, except for essential reasons. Essential reasons include attending work or school/childcare, errands for food, medication, and essential medical appointments. Hockey is not an essential reason.
- The RISK & SAFETY must receive notification and approve the Program Participant's return.

Travel Outside Canada

Any Program Participant who has travelled outside of Canada within the last 14 days is not permitted to be involved in Association activities for 14 days after returning and must quarantine and self-isolate.

The Association must be informed upon the Program Participant's planned return (RISK & SAFETY).

Emergency Response Plan Invocation

If a Program Participant tests positive for COVID-19:

- RISK & SAFETY must be notified immediately.
- RISK & Safety will communicate internally with the coach/trainer and externally with public health authorities.
- The Program Participant will not be permitted to return until they are free of the COVID-19 virus as per Eastern Ontario Health Unit's protocols.
- The RISK & SAFETY must receive notification and approve the Program Participant's return.

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- Any Program Participants who played or was in close contact with an infected Program Participant, will be removed from activities for at least 14 days to ensure the infection does not spread further.

If a Program Participant has been tested and is waiting for the results of a COVID-19 Test, as with the confirmed case, the Program Participant must be removed from activities.

Other Program Participants who may have been exposed will be informed by the Association and removed from activities for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

If contacted by a medical health officer during contact tracing, the Association will cooperate fully with local health authorities.

Outbreak Plan and Emergency Response

Early detection of symptoms will facilitate the immediate implementation of effective control measures.

In the event of a suspected case or outbreak of influenza-like-illness, the association will immediately report and discuss the suspected outbreak with EOHU and/or health care professionals.

If an outbreak is reported; any modification, restriction, postponement, and cancellation of activities, will be assessed and decided upon by the Association Executive Board.

Again, if we are contacted by a medical health officer during contact tracing, the association will cooperate fully with local health authorities.

Confidentiality and Privacy of information will be maintained by the Association.

Required information will be shared with Public Health authorities and one key bubble or team contact to support contact tracing and isolation of those who may have been in close contact with an impacted Program Participant.