



South Stormont Minor Hockey Association – P.O. Box 308, Long Sault, Ontario, K0C 1P0

Dear Parents/Guardians,

My Name is Jamie Carr and I am very excited to have the opportunity to be the head coach for the South Stormont U13 Rep. team.

A little bit about my background: I grew up in Chatham, ON where I participated in a variety of sports throughout my childhood. From 1995-2001 I attended the University of Windsor for the Bachelor of Science in Human Kinetics program, followed by the Bachelor of Education program. While at Windsor, I was fortunate to be able to play on the Varsity hockey team and compete at 2 national championships. In September 2001, I moved to Cornwall to start my teaching career. I am currently completing my 21st year of teaching at St. Lawrence Secondary School.

As far as coaching, I have been actively involved in school athletics and community sports throughout my time in Eastern Ontario. I have coached several sports – primarily basketball at the high school level, baseball with Cornwall Minor Baseball Association, and hockey through South Stormont. I have numerous coaching qualifications in all the aforementioned sports and continue my professional development by attending clinics and certifications.

My main goals as a coach are to:

- Provide a fun and safe environment for all participants
- Provide opportunity for players to improve their hockey skills through quality practices
- Build on positive character traits through team building and other on and off ice activities

I expect all players who would like to play for this year's team to give 100% at all times, to be respectful to all involved (coaches, parents, teammates, referees, scorekeepers, opponents) and to be committed to doing whatever it takes to get better.

Overall, my hope is that everyone involved with the rep team (parents and players) can look back and say they had a great experience! I look forward to a fun and rewarding season as we try to get back to a "normal" hockey season.

If you have any questions, please feel free to contact me at jamie.carr@ucdsb.on.ca

Thanks!

Jamie